

**Kim H., 60, Hyannis Port, MA & Eden Prairie, MN - 180 pound weight loss**

“Satin Wellness has the only program that worked for me.

I was 5'2 and weighed 199 pounds when we started. I had tried it all. I now weigh 100 pounds. I run, lift weights and am very happy.

I am astonished that I could do all of these things. At 55 I never thought I could become this fit and feel this great! I have changed my body, how I feel and the program has helped me feel great about myself!

You helped me with **Strength to Live**, gentle humor and understanding.”



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