

**AJ, 46, Business Executive, Wellesley, MA - 4 year client**

There are not enough words to describe the way you have changed my life.

Growing up the way I did made me a tough cookie....it also caused a deep depression as I became an adult.

Meeting my wellness specialists at Satin Wellness was one of the best things that could have happened in my life.

As specialists, as therapists and as friends, thank you for being such wonderful human beings. You have truly taught me what Strength to Live is all about and I wish you could teach it to everyone else.

I appreciate you helping me change my body but especially thank you all for how you have helped me realize what is important in my life!



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